

Key Takeaways:

What Doctors Don't Discuss with You and Why

**When living with epilepsy, finding resources is key...
A social worker can help, and the cost is most likely free!**

- If you have non-medical questions that cannot be addressed during a medical appointment, ask to speak with a social worker.
- A lot of social workers do not charge for their services unless they provide counseling, in which case they may accept insurance.
- Some needs a social worker can address include: medication discounts, seizure first aid training, counseling, education on how to maintain independence, legal rights, advocacy options, support group options, seizure alert devices, etc.
- If the clinic you attend does not have a social worker, ask your provider for a referral, or contact a local nonprofit such as the Epilepsy Foundation.

To obtain access to the recorded
webinar, please visit:

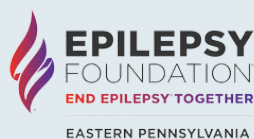
<https://youtu.be/EQ0EufnpHns>

or scan the code:



Scan Me

Organized by:



ItsYourEpilepsy.com



Product Links

ADA Rules and Rights:

<https://www.eeoc.gov/laws/guidance/epilepsy-workplace-and-ada>
www.AskJan.org

General Epilepsy Questions:

www.epilepsy.com
24/7 Helpline: 1-800-332-1000

Medication Discounts:

www.goodrx.com and www.needymeds.org

Mental Health Support:

<https://www.samhsa.gov/find-help/national-helpline>
National MH Helpline: 1-800-662-4357

Psychology Today

www.psychologytoday.com

NAMI (National Alliance on Mental Illness)

www.nami.org
Helpline: 1-800-950-6264

More Information on Social Work Services:

Social Work Today
www.socialworktoday.com

Article:

<https://www.verywellhealth.com/clinical-social-worker-5205374>

Additional Links

Epilepsy Foundation Colorado & Wyoming:

<https://epilepsycoloradowyoming.org/>

ItsYourEpilepsy.com:

<https://itsyourepilepsy.com/>

Epilepsy Foundation Eastern PA:

<https://www.efepa.org/>

Pediatric Epilepsy Surgery Alliance:

<https://epilepsysurgeryalliance.org/>

Epilepsy Foundation Los Angeles:

<https://epilepsylosangeles.org/>

Epilepsy Foundation Minnesota:

<https://www.epilepsyfoundationmn.org/>

Chelsea Hutchinson Foundation:

<https://chelseahutchinsonfoundation.org/>